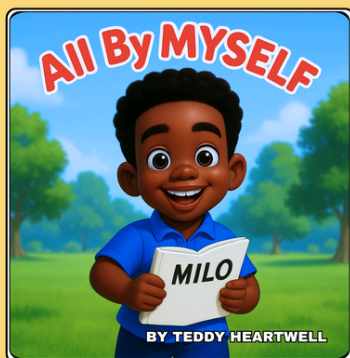




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All By Myself

Author: Teddy Heartwell

Genre: Children's Picture Book

Audience: Early Readers (Ages 3–6)

Publisher: Paper Trails Publishing

Publication Date: July 8, 2025

Format: Hardcover, eBook,
Audiobook

Page Count: 32

Audiobook Length: ~5 Minutes

ISBN

Hardcover: 979-8-9990599-0-1

eBook: 979-8-9990599-1-8

Audiobook: 979-8-9953653-0-3

Inside This Courageous Tale

All By Myself is a heartwarming picture book that **champions independence** with every page. Through gentle storytelling and vibrant illustrations, this **empowering read** helps young children *celebrate the tiny "I did it!" moments* that shape big confidence.

Perfect for story time at home, in classrooms, or as a gift for young children learning to do things on their own, this book **reassures readers** that *bravery doesn't always look loud*—and that **every small step forward is worth celebrating**.

Themes of courage, self-esteem, and emotional growth make *All By Myself* a meaningful addition to any early learning library.

Meet the Author

Teddy Heartwell writes quiet, heartfelt stories that celebrate the beauty in everyday moments. With a deep love for poetry and a passion for meaningful storytelling, Teddy's work is rooted in compassion and connection—offering young readers *stories that uplift, inspire, and gently empower*. In *All By Myself*, Teddy invites children to **trust their own growth** and reminds caregivers that **independence blossoms when nurtured with love**.



At the Heart of It All

- **Builds confidence** in early readers by celebrating small, independent victories
- **Reinforces emotional security** through affirming language and gentle narration
- *Perfect read aloud* for parents, teachers, and caregivers supporting growing independence
- Aligns with early learning standards in SEL (social-emotional learning) and character development

First Reactions, Lasting Impressions

"This book captures how young children truly learn—through repetition, encouragement, and heart. The tone is just right, and the illustrations elevate every word."

— Retired Educator

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Press Contact _____

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💰 For ordering and retail details, please see the Sales Sheet.

📍 For interviews, ARC requests, or media features, please reach out via email or website contact form.